

2021-2022 STARSkate Schedule

SENIOR	INTERMEDIATE	JUNIOR	PAIR ACADEMY
<p>Monday (GTA) 2:45-4:00pm Freeskate 4:00-5:15pm FreeSkate 5:30-6:00pm Off-ice</p> <hr/> <p>Option #2 6:30-7:00pm Off-ice 7:15-8:30pm Freeskate</p>	<p>Monday (GTA) 2:45-4:00pm Freeskate 4:00-5:15pm FreeSkate 5:30-6:00pm Off-ice</p> <hr/> <p>Option #2 6:30-7:00pm Off-ice 7:15-8:30pm Freeskate</p>	<p>Monday (GTA) 5:30-6:15pm Freeskate 6:30-7:00pm Off-ice</p>	<p>Contact: Clyde Hammer for info.</p>
<p>Tuesday (CDA) 6:30-7:30<u>am</u> Freeskate 2:45-3:30pm Freeskate 3:45-5:00pm Freeskate 5:00-5:15pm Stroking 5:20-6:05pm Off-ice Dance</p> <hr/> <p>Option #2 5:20-6:05pm Off-ice Dance 7:00-7:45pm Freeskate</p>	<p>Tuesday (CDA) 6:30-7:30<u>am</u> Freeskate 6:05-6:50pm Off-ice Dance 7:00-7:45pm Freeskate</p>	<p>Tuesday (CDA) 5:15-6:00pm Freeskate 6:05-6:50pm Off-ice Dance</p> <hr/> <p>Option #2 6:05-6:50pm Off-ice Dance 7:00-7:45pm Freeskate</p>	
<p>Wednesday (CDA) 6:30-7:30am Freeskate 2:45-3:45pm Freeskate 4:00-5:00pm Freeskate 5:00-5:15pm Stroking 5:30-6:00pm Off-ice Jumps</p>	<p>Wednesday (CDA) 6:30-7:30am Freeskate 4:30-5:00pm Off-ice Jumps 5:15-6:00pm Freeskate 6:00-6:15pm Stroking</p>	<p>Wednesday CDA) 4:30-5:00pm Off-ice Jumps 5:15-6:00pm Freeskate 6:00-6:15pm Stroking</p>	
<p>Thursday (CDA) 1:45-2:45pm Freeskate 3:00-3:45pm Freeskate 4:00-4:45pm Freeskate 5:00-5:45pm Off-ice Fitness</p>	<p>Thursday (CDA) 4:00-4:45pm Freeskate 4:45-5:30pm Freeskate 5:30-5:45pm Stroking 6:00-6:45pm Off-ice Fitness</p> <hr/> <p>Option #2 3:00-3:45pm Freeskate</p>	<p>Thursday (CDA) 4:45-5:30pm Freeskate 5:30-5:45pm Stroking 6:00-6:45pm Fitness</p>	
<p>Friday (CDA) 6:30-7:30am Freeskate</p>	<p>Friday (CDA) 6:30-7:30am Freeskate</p>	<p>Friday No Skating</p>	
<p>Saturday (GGA) 1:45-2:00pm Stroking 2:00-3:00pm Freeskate</p>	<p>Saturday (GGA) 12:15-1:15pm Freeskate 1:15-1:30pm Stroking</p>	<p>Saturday (GGA) 12:15-1:15pm Freeskate 1:15-1:30pm Stroking</p>	
<p>Sunday (GTA) 9:15-10:00am Freeskate 10:15-11:00am Freeskate 11:00-11:15am Stroking 11:30-12:00pm Off-ice</p>	<p>Sunday (GTA) 10:15-10:45am Off-ice 11:00-11:15am Stroking 11:15-12:00pm Freeskate</p>	<p>Sunday (GTA) 10:15-10:45am Off-ice 11:00-11:15am Stroking 11:15-12:00pm Freeskate</p>	

CDA=Castle Downs Arena / GTA=Grand Trunk Arena / GGA=Glengarry Arena